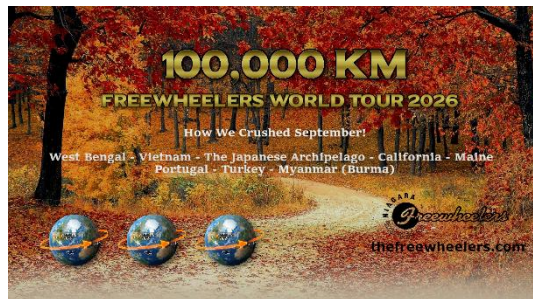


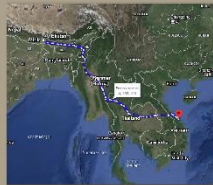
September World Tour Update



FREEWHEELERS CYCLING CELEBRATION

We did it! We have officially crossed the 100,000 km line of an unbelievable milestone (kilometerstone?) together, pushing our Virtual World Tour total to a staggering 100,828 km! Having already tackled the northern and southern routes of Australia on previous legs, we bypassed the Outback entirely this time around. For our third grand loop around the globe, we committed to a pure, relentless eastward charge—and every single kilometer was earned from each push of our real pedals. Here is how we conquered this massive 24,339 km pure land-tracking masterclass.

With our odometer reset, we headed out from Mirik, Bengal and cycled to Da Nang on the east coast of Vietnam, where we paused our odometers to fly to Kagoshima at the southern tip of Japan.



From here, we cycled just over 2,500 km pedaling the entire spine of the archipelago. We crossed the famous Shimanami Kaido cycle route over spectacular bridge lanes, navigated the ancient streets of Kyoto and bright neon streets of Tokyo, and climbed through the beautiful northern hills of Hokkaido before wrapping up this amazing island excursion in Sapporo.



Da Nang, Vietnam



Kagoshima, Japan



Bar Harbor, Maine

Continuing our epic journey from Sapporo across the Pacific, we dropped our tires directly onto the pavement of the American West Coast, kicking off the tracking at the Golden Gate Bridge in San Francisco, California. Our legs were tested immediately as we climbed the punishing peaks of the Sierra Nevada, braved the Nevada deserts and scaled the breathtaking heights of the Colorado Rockies. After spinning through the heartland of Kansas, Missouri, and Kentucky, we completed our cross country run on the Atlantic shores of Yorktown, Virginia. To finish up our remaining U.S. leg, we turned northeast and headed up the Atlantic coast, navigating through New York and Boston before finishing at the cliffs of Bar Harbor, Maine with 3,800 km under our belts for this leg of the journey. At this point, we had crossed the 3 times around the world milestone!



At the edge of Maine, we took another flight across the Atlantic Ocean, touching down at Cabo da Roca, Portugal—the westernmost point of continental Europe. We launched our final cross-European charge, winding through the roads of Spain, southern France, and northern Italy, before traversing the Balkans to make landfall in Istanbul, Turkey.

With exactly 8,386 km left on our grand total, we rolled out of Istanbul. Pushing east through the rugged Caucasus Mountains, tracking north around the Caspian Sea, the last leg of this journey reached its hard-earned finish when we crossed our final virtual finish line in Myanmar (Burma). Now it's time to get some well-deserved rest!



Istanbul, Turkey



Myanmar (Burma)

August World Tour Update



To recap Freewheelers, last month we were navigating the rugged coastlines of Eastern Russia. This month, our collective kilometers launched us south across the equator, sending us blazing across the tropical north side of Australia. So far this season we have travelled 76,489 km! We are closing in on our 3rd trip around the World as we look to pass 100,000 km by the end of the season! What a month of pedalling!



Perth, Australia



Brisbane, Australia

We started the month by landing down under and blazing a trail from Perth all the way to Brisbane. Our virtual route took us right across the rugged, sun-baked north side of Australia passing through Katherine in the far north, the fourth largest settlement in the Territory. It is known as the place where "the outback meets the tropics." We left Katherine and headed off to Brisbane to finish our 2nd tour of Australia covering over over 7,400 km.



Santiago, Chile



Joao Pessoa, Paraba, Brazil

After virtual flying out of Brisbane, we touched down in Santiago, Chile, and immediately began a massive 7,000+ km trek across the heart of South America. We climbed over the towering Andes, crossed the vast landscapes of Brazil, and officially rolled to a stop on the Atlantic coast in Joao Pessoa, Paraba, Brazil! We endured brutal mountain climbs out of Chile, followed by thousands of kilometers of Brazilian highways and ended at the easternmost point of the Americas. After resting our legs on the beautiful beaches of Joao Pessoa, we set off to the African Continent.

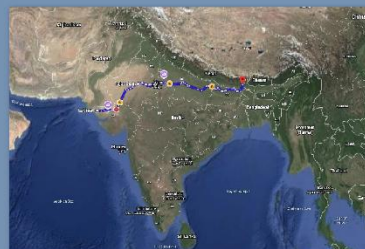


Dakar, Senegal



Djibouti

After another virtual flight, we touched down on the African continent for an epic 8,500 km push across the entire width of the continent that started in Dakar, Senegal, and pushed all the way to Djibouti on the Horn of Africa! It seemed like endless horizons and acacia trees, as we navigated the southern edge of the Sahara Desert. Heat management and crosswinds were our biggest virtual challenges for this leg of the journey!



Lakhpat, Gujarat



Mirik, West Bengal

Just when we thought crossing the width of Africa was enough for one month, your incredible final batch of submitted kilometers blew us right across the Arabian Sea! For the final stretch of our monthly journey, we touched down on the west coast of India in Lakhpat, Gujarat. From there, our combined legs powered us through an intense 2,800 km trans-continental dash all the way to Mirik, West Bengal, where we officially put up our feet to rest until next month!

We have officially parked our bikes at the Mirik monastery, and they are staying on the racks until next month. What an absolute powerhouse month of pedalling! Last month, we were navigating the rugged coastlines of Eastern Russia. This month, our collective mileage launched us south across the equator and rocketed us across three continents and two oceans. But our virtual bikes won't stay on the racks for long—we have two incredible local club events coming up this September that will provide a massive injection of kilometers for our journey back toward Canada! Hector's Wine Tasting Experience Date: Sunday, September 20, 2026 & FW Circle Route 2 - South Date: Sunday, September 27, 2026. Huge props to everyone who submitted their personal and Freewheeler km! Keep the rubber side down!

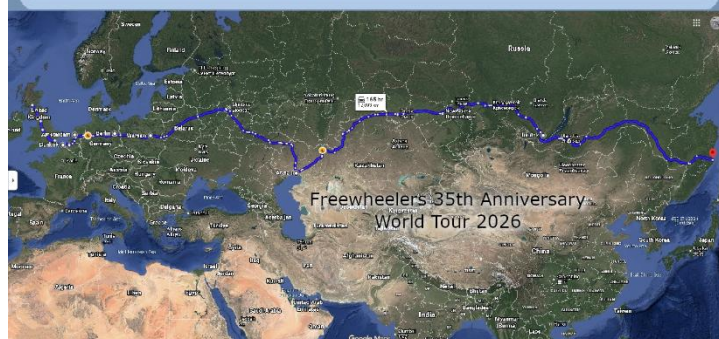
July World Tour Update



Fantastic job, Freewheelers! Reaching a full trip around the world and passing the halfway mark of our second lap in July is an amazing milestone. Keep up the great pedalling and team spirit as you roll into the rest of our journey.



Getting off the plane on July 1st in Beaver Creek, YT, we made a point of celebrating Canada Day all month by stopping at each provincial capital building on our journey across this great country. Starting with Victoria, BC, and ending at St. John's, Newfoundland and Labrador, we covered 10,413 km on our Canada leg of the tour. We then left Canada and flew over to Glasgow, Scotland, for our next leg, which had us cycling south through England to Dover. Once in Dover, we took a two-hour ferry to Dunkirk, France, to begin our tour across Europe.



From Dunkirk, we headed to Amsterdam, Netherlands, then on to Berlin, Germany. This second time around the globe, we stayed more to the north and headed to the east coast of Russia. This is our stopping point for this leg of the journey. For August, we'll head back to Australia, but this time around, we cross the northern part of the Land Down Under. Our total km so far for our World Tour is 50,628 km.

June World Tour Update



18 Countries, 1 - 2 1/2 hour ferry ride while in Azerbaijan and a 5 1/2 hour flight over to Perth, Australia. While in Australia, we cycled the southern coastline through to Sydney. After a quick flight to Bluff, New Zealand, we headed north to Auckland for our final leg of the journey.



How many Flags can you identify?

* Slovenia

* Hungary

* Malaysia

* Singapore

* Australia

* New Zealand

* Serbia

* Bulgaria

* Turkey

* Georgia

* Azerbaijan

* Kazakhstan

* Uzbekistan

* Kyrgyzstan

* China

* Vietnam

* Cambodia

* Thailand

What a run this month for the Freewheelers !

Since our last leg, we have collectively covered 20,434 km in June alone, taking us through Europe and across the down under finishing off this leg of the Journey in Auckland, NZ. Leaving New Zealand, we'll be landing at Beaver Creek, Yukon on July 1st to begin the next leg of our journey back to St. Catharines. Keep your feet on the pedals and stay safe out there. Happy Canada Day !



May World Tour Update



Freewheelers 35th Anniversary World Tour 2026

Our Freewheelers World Tour started off at the Lock 3 Museum in St. Catharines heading to Cape Spear, St. John's, NL which is considered the most easterly point in Canada. At this point our members have covered 3,485 kms.



The Cape Spear Lighthouse, located near St. John's, Newfoundland and Labrador, is the oldest surviving lighthouse in the province. It was constructed in 1835 and has been signaling to mariners since it was officially lit in September 1836, making the historic structure around 190 years old

Leaving the east coast of Canada, we're jumping on an 11 hour flight over to Lisbon Portugal, famous for its bright yellow trams, pastel-colored buildings, and sweeping views of the Tagus River.



Next stop is Paris, France to see the Eiffel Tower. The tower is 330 metres (1,083 ft) tall, about the same height as an 81-storey building, and the tallest structure in Paris. With 5,346 kms under our belt we're off to Monaco.



With an area of 2 km², Monaco is the smallest sovereign state in the world. Known for its glamour, luxury hotels and starred restaurants, the Prince's Palace and its famous Monte Carlo Grand Prix starting next week. We have now cycled a combined 6,301 km and while we'd love to stay for the Grand Prix, we're heading to Rome for the final leg of this journey.



It's the end of May and we have arrived in Rome covering 7,120 kms. I would encourage everyone to submit your kms and let's see how far we can go. If you were on a Tour Leaders ride, we already have accounted for these kms. We are looking for your personal rides and distances outside the rides arranged by the club. For our next stop, we are heading off to Eastern Europe, check the web site next month for our next installment.