



Top Ten Safety Points to Review Before a Ride

- Call and/or point out all hazards.
- Ride single file in any traffic situation.
- Leave space between riders.
- Respond quickly to a call of 'car up' or 'car back'.
- Do not make sudden stops.
- Move off the road when regrouping.
- Make your own decisions when crossing roads.
- Pass riders only on the left and call it out.
- Call out and/or use hand signals when turning or stopping.
- Follow the rules of the road.



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